

Benefit Resources for Your Growing Family

Pregnancy is an exciting time, and we are committed to providing you with tools and resources before, during, and after this exciting journey! Whether it's your first baby or you're adding another little one to your family, the programs below are designed to help you out.

While You are Out

Adding Your Newborn to Insurance

Within 30 days of your baby's birth, make sure you go to www.danbenefitsplus.com and log into your benefits profile and select the life event option. You can also add coverage by calling the Benefits Plus Solutions Center at: **(855) 326-7870**.

Lactation Counseling

If you are enrolled in one of our medical plans, you have access to lactation counseling as a covered benefit. To help, UHC provides new moms with a complimentary breast pump. Lactation specialists can answer questions, offer support, and provide guidance around breastfeeding and bottle-feeding issues, breast pumps and expressing milk, preparing moms for returning to work, and discussing the sensitive process of weaning your child. You can find participating providers by searching the UHC ChoicePlus network at www.myuhc.com or calling them at **(800) 765-6717**.

For plan members in Boston, Chicago, Los Angeles, New York, and San Francisco, you can access convenient and comprehensive in-office support through One Medical. After your appointment, follow-up questions with your One Medical lactation specialist is easy with virtual messaging in the app. Have urgent or timely questions? Use the One Medical app to start a video visit and our virtual medical team can help. Lactation appointments are easily booked online or through our app, just look for it under Specialty Services.

Not registered with One Medical?

Join at www.onemedical.com/myhealth with code DNTONE.

While You are Back

Finding Childcare Resources

CCA@Your Service provides 24/7/365 access to free concierge services to help you with things such as finding child care, parent-child communication resources and education support for K-12.

Call (800) 833-8707 or visit www.myccaonline.com using company code DAN.

Bright Horizons Care Advantage

Whether you are planning for or adjusting to life with an infant, you can rely on Bright Horizons.

Your benefits can help with:

- Reserve back-up care – access 15 extra back-up care days during your baby's first 12 months
- Full-Time child care – enjoy waitlist priority at Bright Horizons and tuition discounts at our partner centers
- Household responsibilities – search a free database of sitters, nannies, and housekeepers

To get started, visit www.clients.brighthouse.com/dan

» Employer Username: DAN

» Password: backup4you

Questions? Call 877-242-2737

Milk Delivery for Business Travel

Milk Stork is a free breast milk delivery service for business traveling moms, providing no-fuss express shipping or easy toting of refrigerated breast milk home to baby.

Your benefits can help with:

- Pump** according to your regular nursing schedule and refrigerate your milk
- Pack** with the activated cooling unit in your Milk Stork cooler to keep your milk cool and securely packed
- Shipping** is easy – all shipments come pre-labeled with a FedEx Priority Overnight label. Schedule a pick up on your own or ask your hotel to help
- Tote/Check** your milk home using the Milk Stork travel bags provided

Get more information or place your order at www.milkstork.com/Dentsu